

Birkenwäldchenlauf, 30.03.2008  
Ergebnisliste 10 km

Platz	AK	Name	Jahrg.	AK	Verein	Zeit	Rückstand	km-Schnitt
1	1	Fabian Borggrefe	72	M35	SCC Berlin	0:32:24,0		3:14,4 min/km
2	1	Daniel Göhring	78	M30	Humboldt Uni	0:33:44,0	+ 01:20,0	3:22,4 min/km
3	2	Olaf Haller	70	M35	Aurelia Sport Berlin	0:34:37,0	+ 02:13,0	3:27,7 min/km
4	3	Sascha Kaschewsky	70	M35	-	0:35:14,0	+ 02:50,0	3:31,4 min/km
5	4	Bernhard Sill	70	M35	SCC Maulwurf	0:35:21,0	+ 02:57,0	3:32,1 min/km
6	5	Holger Leidig	69	M35	Weltraumjogger Berlin	0:35:30,0	+ 03:06,0	3:33,0 min/km
7	1	Carsten Krüger	84	HK M	LG Märkisch-Oderland	0:35:53,0	+ 03:29,0	3:35,3 min/km
8	1	Karsten Blume	89	mJgd	LG Nord	0:36:39,0	+ 04:15,0	3:39,9 min/km
9	1	Shakal Ryan	62	M45	Pro Sport Bln. 24	0:36:43,0	+ 04:19,0	3:40,3 min/km
10	2	Daniel Seher	82	HK M	Pro Sport Bln. 24	0:36:46,0	+ 04:22,0	3:40,6 min/km
11	6	Andy Beile	69	M35	LG Märkisch-Oderland	0:36:53,0	+ 04:29,0	3:41,3 min/km
12	3	Matthias Freynik	79	HK M	LG Buchsbaum	0:37:08,0	+ 04:44,0	3:42,8 min/km
13	4	Ernst-Ingo Künkel	87	HK M	ASB Berlin	0:37:24,0	+ 05:00,0	3:44,4 min/km
14	1	Ralf Trebuth	65	M40	LAC Berlin	0:37:26,0	+ 05:02,0	3:44,6 min/km
15	1	Dirk Pätzig	56	M50	LC Ron Hill	0:37:31,0	+ 05:07,0	3:45,1 min/km
16	7	Radouan Maenaoui	69	M35	-	0:37:42,0	+ 05:18,0	3:46,2 min/km
17	2	Oliver Mannhold	63	M45	SCC Berlin	0:37:57,0	+ 05:33,0	3:47,7 min/km
18	1	Gerald Schulz	52	M55	LAC Berlin	0:37:58,0	+ 05:34,0	3:47,8 min/km
19	2	Markus Kiehne	75	M30	-	0:38:05,0	+ 05:41,0	3:48,5 min/km
20	5	Dirk Broßke	79	HK M	-	0:38:35,0	+ 06:11,0	3:51,5 min/km
21	3	Jürgen Gilg von Kuenheim	59	M45	Bundesdruckerei	0:38:45,0	+ 06:21,0	3:52,5 min/km
22	2	Raik Zschäckel	67	M40	OLV Kiekemal	0:38:48,0	+ 06:24,0	3:52,8 min/km
23	3	Thomas Präger	66	M40	-	0:38:50,0	+ 06:26,0	3:53,0 min/km
24	3	Sascha Sczepek	74	M30	-	0:39:05,0	+ 06:41,0	3:54,5 min/km
25	2	Ciro Cinieri	57	M50	Italia Team Bln.	0:39:09,0	+ 06:45,0	3:54,9 min/km
26	4	Tom Griepentrog	61	M45	LC Ron Hill	0:39:17,0	+ 06:53,0	3:55,7 min/km
27	1	Karsta Parsieglä	63	W45	SCC Berlin	0:39:19,0	+ 06:55,0	3:55,9 min/km
28	2	Helmut Neumann	53	M55	KSV 90 Pankow	0:39:22,0	+ 06:58,0	3:56,2 min/km
29	3	Uwe Kernn	55	M50	LG Pegasos	0:39:39,0	+ 07:15,0	3:57,9 min/km
30	3	Günter Lewanzik	53	M55	Pro Sport Bln. 24	0:39:52,0	+ 07:28,0	3:59,2 min/km
31	4	Oliver Nowak	66	M40	-	0:39:59,0	+ 07:35,0	3:59,9 min/km
32	5	Thomas Hensel	68	M40	GUD Raketenwürmer	0:40:06,0	+ 07:42,0	4:00,6 min/km
33	1	Manfred Dehmel	48	M60	LG Buchsbaum	0:40:09,0	+ 07:45,0	4:00,9 min/km
34	4	Uwe Mohr	58	M50	LC Ron Hill	0:40:17,0	+ 07:53,0	4:01,7 min/km
35	4	Nils Goldhorn	74	M30	-	0:40:19,0	+ 07:55,0	4:01,9 min/km
36	5	Berthold Rämisch	58	M50	LG Süd	0:40:25,0	+ 08:01,0	4:02,5 min/km
37	5	Dierk Stenzel	61	M45	Kurpark. Schöneb.	0:40:32,0	+ 08:08,0	4:03,2 min/km
38	6	Dirk Kautz	66	M40	VfL Lichtenrade	0:40:37,0	+ 08:13,0	4:03,7 min/km
39	7	Martin Weingarten	65	M40	CSO Spandau	0:40:43,0	+ 08:19,0	4:04,3 min/km
40	8	Andreas Komode	70	M35	-	0:40:45,0	+ 08:21,0	4:04,5 min/km
41	6	Jann Rathenow	85	HK M	Potsdamer LC	0:40:46,0	+ 08:22,0	4:04,6 min/km
42	8	Dieter Biscan	67	M40	LG Buchsbaum	0:40:50,0	+ 08:26,0	4:05,0 min/km
43	6	Kai-Uwe Stumpf	59	M45	-	0:40:56,0	+ 08:32,0	4:05,6 min/km
44	9	Lars Jung	73	M35	Läuferteam Oker	0:41:01,0	+ 08:37,0	4:06,1 min/km
45	7	Rene Bittner	82	HK M	-	0:41:17,0	+ 08:53,0	4:07,7 min/km
46	6	Ulli Hain	57	M50	MV Atlantis	0:41:24,0	+ 09:00,0	4:08,4 min/km
47	2	Antje Hehn	63	W45	SCC Berlin	0:41:33,0	+ 09:09,0	4:09,3 min/km
48	7	Bodo Steffens	58	M50	-	0:41:42,0	+ 09:18,0	4:10,2 min/km
49	9	Jens Labenz	65	M40	-	0:41:45,0	+ 09:21,0	4:10,5 min/km
50	8	Marek Lange	79	HK M	Langer Atem	0:41:51,0	+ 09:27,0	4:11,1 min/km
51	1	Helmut Klein	43	M65	-	0:42:01,0	+ 09:37,0	4:12,1 min/km
52	9	Björn Kowalzik	81	HK M	BSBV 1991	0:42:05,0	+ 09:41,0	4:12,5 min/km
53	5	Bart van Kersavond	74	M30	-	0:42:17,0	+ 09:53,0	4:13,7 min/km

54	10	Christoph Pingitzer	85	HK M	Triathlon Fürstenfeld	0:42:21,0	+ 09:57,0	4:14,1 min/km
55	8	Peter Rymarowicz	54	M50	LC Ron Hill	0:42:35,0	+ 10:11,0	4:15,5 min/km
56	10	Jens Tippmann	68	M40	BSBV 1991	0:42:38,0	+ 10:14,0	4:15,8 min/km
57	7	Martin Kobe	59	M45	LT Bernd Hübner	0:42:40,0	+ 10:16,0	4:16,0 min/km
58	3	Edeltraud Musiol	62	W45	LT Bernd Hübner	0:42:44,0	+ 10:20,0	4:16,4 min/km
59	6	Sven Fruth	78	M30	Bln. Turnerschaft	0:42:47,0	+ 10:23,0	4:16,7 min/km
60	11	Matthias Lemke	67	M40	KSV 90	0:43:06,0	+ 10:42,0	4:18,6 min/km
61	4	Lothar Lehmann	52	M55	DLG	0:43:11,0	+ 10:47,0	4:19,1 min/km
62	2	Marcel Herbst	90	mJgd	Berliner TSC	0:43:18,0	+ 10:54,0	4:19,8 min/km
63	8	Hartmut Pohle	63	M45	OSP Beeskow	0:43:27,0	+ 11:03,0	4:20,7 min/km
64	7	Timo Krämer	74	M30	LG Nord	0:43:31,0	+ 11:07,0	4:21,1 min/km
65	10	Sören Schubert	73	M35	VS Berlin	0:43:40,0	+ 11:16,0	4:22,0 min/km
66	11	Ronny Krüger	79	HK M	Bln. Turnerschaft	0:43:49,0	+ 11:25,0	4:22,9 min/km
67	9	Ralph Toebs	63	M45	LT Bernd Hübner	0:43:50,0	+ 11:26,0	4:23,0 min/km
68	1	Anicó Kulow	86	HK Fr	Bln. Turnerschaft	0:43:51,0	+ 11:27,0	4:23,1 min/km
69	11	Jan Bütow	73	M35	Forum Team	0:43:52,0	+ 11:28,0	4:23,2 min/km
70	1	Dr. Katja Lünser	76	W30	LC Ron Hill	0:44:01,0	+ 11:37,0	4:24,1 min/km
71	5	Lutz Bester	52	M55	LC Ron Hill	0:44:10,0	+ 11:46,0	4:25,0 min/km
72	???	?????	#NV	#NV	#NV	0:44:11,0	+ 11:47,0	4:25,1 min/km
73	12	Olaf Olesch	67	M40	-	0:44:13,0	+ 11:49,0	4:25,3 min/km
74	12	Stephan Strothoff	72	M35	-	0:44:14,0	+ 11:50,0	4:25,4 min/km
75	13	Stefan Imre Megyery	81	HK M	SG Schöneberg	0:44:16,0	+ 11:52,0	4:25,6 min/km
76	9	Udo Lehmann	58	M50	Rehasport Bln.	0:44:17,0	+ 11:53,0	4:25,7 min/km
77	1	Lothar Bathe	37	M70	Stahl Hennigsdorf	0:44:37,0	+ 12:13,0	4:27,7 min/km
78	10	Ronald Kakolewicz	59	M45	Bln. Wasserratten	0:44:54,0	+ 12:30,0	4:29,4 min/km
79	10	Rolf Schulte-Spechtel	58	M50	TSC Bln. 1893	0:45:04,0	+ 12:40,0	4:30,4 min/km
80	3	Thorsten Pätsch	95	mJgd	-	0:45:05,0	+ 12:41,0	4:30,5 min/km
81	6	Herbert Seidel	50	M55	-	0:45:05,0	+ 12:41,0	4:30,5 min/km
82	2	Günter Hallas	42	M65	BSC Rehberge	0:45:09,0	+ 12:45,0	4:30,9 min/km
83	14	Henrik Lange	79	HK M	Langer Atem	0:45:12,0	+ 12:48,0	4:31,2 min/km
84	15	Clemens Ullmann	85	HK M	Pro Sport Bln. 24	0:45:14,0	+ 12:50,0	4:31,4 min/km
85	7	Heinz Nabrowsky	52	M55	LHC Berlin	0:45:17,0	+ 12:53,0	4:31,7 min/km
86	11	Andreas Stöck	63	M45	-	0:45:24,0	+ 13:00,0	4:32,4 min/km
87	12	Christian Westphal	62	M45	-	0:45:29,0	+ 13:05,0	4:32,9 min/km
88	13	Dr. Steffen Lüder	66	M40	LC Ron Hill	0:45:35,0	+ 13:11,0	4:33,5 min/km
89	3	Hans-Joachim Peters	40	M65	SG Grüne Trift	0:45:39,0	+ 13:15,0	4:33,9 min/km
90	11	Harri Schlegel	58	M50	-	0:45:41,0	+ 13:17,0	4:34,1 min/km
91	13	Andreas Stark	63	M45	SSL Vorspiel Berlin	0:45:53,0	+ 13:29,0	4:35,3 min/km
92	14	Stefan Friese	67	M40	-	0:45:58,0	+ 13:34,0	4:35,8 min/km
93	1	Bettina Börner	56	W50	LC Stolpertruppe	0:45:59,0	+ 13:35,0	4:35,9 min/km
94	15	Axel Nitsch	66	M40	-	0:46:12,0	+ 13:48,0	4:37,2 min/km
95	12	Robert Schmidt-Matt	54	M50	FC International	0:46:19,0	+ 13:55,0	4:37,9 min/km
96	13	Andreas Ambos	71	M35	VE Berlin	0:46:27,0	+ 14:03,0	4:38,7 min/km
97	16	Sascha Wolf	83	HK M	LC Ron Hill	0:46:37,0	+ 14:13,0	4:39,7 min/km
98	14	Holger Stuckwisch	63	M45	VfL Tegel	0:46:38,0	+ 14:14,0	4:39,8 min/km
99	15	Frank Wardius	61	M45	FC Wiese Berlin	0:46:45,0	+ 14:21,0	4:40,5 min/km
100	16	Michael Dressel	59	M45	Kriegsgegner Berlin	0:46:52,0	+ 14:28,0	4:41,2 min/km
101	1	Gabriele Bergner	65	W40	-	0:47:15,0	+ 14:51,0	4:43,5 min/km
102	13	Egbert Jakubzick	57	M50	LC Ron Hill	0:47:17,0	+ 14:53,0	4:43,7 min/km
103	14	Stephan Gebhardt	69	M35	BSBV 1991	0:47:26,0	+ 15:02,0	4:44,6 min/km
104	4	Etienne Huck	89	mJgd	-	0:47:28,0	+ 15:04,0	4:44,8 min/km
105	1	Ilka Gomoll	72	W35	LC Ron Hill	0:47:30,0	+ 15:06,0	4:45,0 min/km
106	8	Knuth Triebe	53	M55	LC Ron Hill	0:47:37,0	+ 15:13,0	4:45,7 min/km
107	8	Frederic Hivy	76	M30	Lichtenrader Löwen	0:47:42,0	+ 15:18,0	4:46,2 min/km
108	17	Frank Henze	61	M45	SCC Berlin	0:47:46,0	+ 15:22,0	4:46,6 min/km
109	18	Manfred Golombek	59	M45	-	0:47:54,0	+ 15:30,0	4:47,4 min/km
110	2	Andrea Ruck	58	W50	-	0:47:56,0	+ 15:32,0	4:47,6 min/km

111	9	Thomas Krieger	74	M30	-	0:48:09,0	+ 15:45,0	4:48,9 min/km
112	14	Winfried Naumann	56	M50	-	0:48:18,0	+ 15:54,0	4:49,8 min/km
113	2	Ornella Graupner	87	HK Fr	SCC Bln. Grünau	0:48:23,0	+ 15:59,0	4:50,3 min/km
114	4	Gabriela Paul	60	W45	LC Stolpertruppe	0:48:24,0	+ 16:00,0	4:50,4 min/km
115	2	Werner Ruck	37	M70	-	0:48:34,0	+ 16:10,0	4:51,4 min/km
116	19	Michael-Josef Drechsel	61	M45	BSG Dt. B. Potsdam	0:48:35,0	+ 16:11,0	4:51,5 min/km
117	3	Hans-Georg Schellenberg	38	M70	-	0:48:46,0	+ 16:22,0	4:52,6 min/km
118	3	Cordula Kernn	57	W50	LG Pegasos	0:48:48,0	+ 16:24,0	4:52,8 min/km
119	2	Gerd Dehnert	46	M60	-	0:48:51,0	+ 16:27,0	4:53,1 min/km
120	5	Tamo Dolgener	92	mJgd	Bln. Turnerschaft	0:48:55,0	+ 16:31,0	4:53,5 min/km
121	4	Marion Schwarz	57	W50	LG Pegasos	0:48:58,0	+ 16:34,0	4:53,8 min/km
122	16	Arne Ludorff	0	M40	LT Bernd Hübner	0:49:07,0	+ 16:43,0	4:54,7 min/km
123	1	Maike Stumpf	91	wJgd	BSBV 1991	0:49:13,0	+ 16:49,0	4:55,3 min/km
124	3	Michael Betsch	44	M60	Pro Sport Bln. 24	0:49:16,0	+ 16:52,0	4:55,6 min/km
125	4	Holtkamp Bernd	37	M70	LC Ron Hill	0:49:19,0	+ 16:55,0	4:55,9 min/km
126	15	Uwe Neumann	55	M50	-	0:49:25,0	+ 17:01,0	4:56,5 min/km
127	9	Wolfgang Voigtländer	49	M55	LC Ron Hill	0:49:37,0	+ 17:13,0	4:57,7 min/km
128	20	Norbert Huck	60	M45	-	0:49:50,0	+ 17:26,0	4:59,0 min/km
129	21	Michael Löbe	62	M45	Humboldt Uni	0:50:04,0	+ 17:40,0	5:00,4 min/km
130	4	Peter-Michael Troester	43	M65	SC Brandenburg	0:50:13,0	+ 17:49,0	5:01,3 min/km
131	2	Nadine Schwalm	78	W30	-	0:50:25,0	+ 18:01,0	5:02,5 min/km
132	4	Rainer Matthes	45	M60	-	0:50:44,0	+ 18:20,0	5:04,4 min/km
133	5	Helmut Kawohl	41	M65	LG Buchsbaum	0:50:48,0	+ 18:24,0	5:04,8 min/km
134	3	Claudia Becker	77	W30	Bln. Turnerschaft	0:50:49,0	+ 18:25,0	5:04,9 min/km
135	5	Ellen Huck	62	W45	-	0:51:05,0	+ 18:41,0	5:06,5 min/km
136	16	Lutz Schäfer	55	M50	BSV AdW Bln.	0:51:22,0	+ 18:58,0	5:08,2 min/km
137	6	Christine Sittek	61	W45	LC Ron Hill	0:51:29,0	+ 19:05,0	5:08,9 min/km
138	2	Knispel-Altman Sabine	64	W40	-	0:51:31,0	+ 19:07,0	5:09,1 min/km
139	5	Peter Krzonkalla	37	M70	DJK Wespen 1923	0:51:37,0	+ 19:13,0	5:09,7 min/km
140	3	Antje Scharnowske	68	W40	SSV Lichtenrade	0:51:38,0	+ 19:14,0	5:09,8 min/km
141	22	Axel Weigert	61	M45	-	0:51:49,0	+ 19:25,0	5:10,9 min/km
142	3	Franziska Meyer	85	HK Fr	-	0:51:56,0	+ 19:32,0	5:11,6 min/km
143	10	Michael Lepke	74	M30	-	0:51:57,0	+ 19:33,0	5:11,7 min/km
144	11	Wolf-Ulrich Raffel	75	M30	Lichtenrader Löwen	0:52:03,0	+ 19:39,0	5:12,3 min/km
145	17	Harald Andreowsky	85	HK M	Mönkebuder Adler	0:52:03,0	+ 19:39,0	5:12,3 min/km
146	4	Anita Kliem	67	W40	KSV 90	0:52:08,0	+ 19:44,0	5:12,8 min/km
147	6	Markus Heinze	89	mJgd	Kids & Co	0:52:09,0	+ 19:45,0	5:12,9 min/km
148	15	Ringo Mielke	71	M35	Kids & Co	0:52:10,0	+ 19:46,0	5:13,0 min/km
149	23	Klaus Schottke	60	M45	Tri Finisher Bln.	0:52:11,0	+ 19:47,0	5:13,1 min/km
150	10	Siegfried Stolz	52	M55	-	0:52:13,0	+ 19:49,0	5:13,3 min/km
151	5	Dr. Jonny Scheer	46	M60	SC Siemensstadt	0:52:13,0	+ 19:49,0	5:13,3 min/km
152	17	André Link	64	M40	-	0:52:21,0	+ 19:57,0	5:14,1 min/km
153	16	Holger Hoffmann	69	M35	SCC Berlin	0:52:27,0	+ 20:03,0	5:14,7 min/km
154	17	Tim Lossen	70	M35	-	0:52:29,0	+ 20:05,0	5:14,9 min/km
155	6	Klaus Schmidt	44	M60	Bln. Wasserratten	0:52:34,0	+ 20:10,0	5:15,4 min/km
156	18	Hartmut Eickhoff	64	M40	-	0:52:35,0	+ 20:11,0	5:15,5 min/km
157	12	Dirk Andreas Hasenclever	77	M30	Fortuna Düsseldorf 1895	0:52:41,0	+ 20:17,0	5:16,1 min/km
158	5	Birgit Stolz	58	W50	-	0:52:48,0	+ 20:24,0	5:16,8 min/km
159	6	Hermann Thiele	42	M65	SG Einheit Bln. Bär	0:52:52,0	+ 20:28,0	5:17,2 min/km
160	6	Eberhard Lemnitzer	37	M70	Kaulsd. OLV	0:53:11,0	+ 20:47,0	5:19,1 min/km
161	7	Rüdiger Bechtner	43	M65	-	0:53:14,0	+ 20:50,0	5:19,4 min/km
162	11	Siefried Grums	50	M55	Borussia Friedrichsfelde	0:53:20,0	+ 20:56,0	5:20,0 min/km
163	24	Alexander Henzel	59	M45	-	0:53:21,0	+ 20:57,0	5:20,1 min/km
164	25	Enno Gerjets	59	M45	-	0:53:22,0	+ 20:58,0	5:20,2 min/km
165	26	Klaus Münzel	63	M45	Klausi 04 Berlin	0:53:27,0	+ 21:03,0	5:20,7 min/km
166	4	Myriam Brähler	76	W30	Lichtenrader Löwen	0:53:28,0	+ 21:04,0	5:20,8 min/km
167	7	Eberhard Unglaube	47	M60	-	0:53:36,0	+ 21:12,0	5:21,6 min/km

168	8	Andreas Dioquardi	42	M65	-	0:53:38,0	+ 21:14,0	5:21,8 min/km
169	5	Wiebke Deutz	75	W30	Aurelia Sport Berlin	0:53:40,0	+ 21:16,0	5:22,0 min/km
170	8	Karl-Heinz Wegener	45	M60	LG Buchsbaum	0:53:43,0	+ 21:19,0	5:22,3 min/km
171	13	Tobias Schlüter	75	M30	-	0:53:50,0	+ 21:26,0	5:23,0 min/km
172	14	Torsten Heyn	75	M30	-	0:53:52,0	+ 21:28,0	5:23,2 min/km
173	9	Uwe Ruppın	44	M60	SG Einheit Bln. Bär	0:54:17,0	+ 21:53,0	5:25,7 min/km
174	18	Stefan Adam	73	M35	-	0:54:57,0	+ 22:33,0	5:29,7 min/km
175	4	Katharina Toschev	79	HK Fr	-	0:55:05,0	+ 22:41,0	5:30,5 min/km
176	27	Klaus-Peter Drechsel	60	M45	-	0:55:10,0	+ 22:46,0	5:31,0 min/km
177	19	Gerd Neuhaus	64	M40	-	0:55:29,0	+ 23:05,0	5:32,9 min/km
178	28	Thomas Pätsch	63	M45	-	0:55:49,0	+ 23:25,0	5:34,9 min/km
179	20	Norbert Zinn	64	M40	LG Buchsbaum	0:56:10,0	+ 23:46,0	5:37,0 min/km
180	1	Annette Radam	53	W55	-	0:56:15,0	+ 23:51,0	5:37,5 min/km
181	9	Henner Koepenik	40	M65	SV Berlin-Chemie	0:56:31,0	+ 24:07,0	5:39,1 min/km
182	2	Astrid Wepler	50	W55	SCC Berlin	0:56:43,0	+ 24:19,0	5:40,3 min/km
183	1	Christa Wolf	43	W65	-	0:56:44,0	+ 24:20,0	5:40,4 min/km
184	2	Katja Blume	92	wJgd	LG Nord	0:56:44,0	+ 24:20,0	5:40,4 min/km
185	2	Andrea Löw	73	W35	-	0:56:59,0	+ 24:35,0	5:41,9 min/km
186	29	Stefan Kilhey	60	M45	-	0:57:08,0	+ 24:44,0	5:42,8 min/km
187	7	Horst Preller	34	M70	LG Buchsbaum	0:57:09,0	+ 24:45,0	5:42,9 min/km
188	3	Brigitta Haase	50	W55	Reinickend. Füchse	0:57:25,0	+ 25:01,0	5:44,5 min/km
189	30	Thomas Kehl	61	M45	-	0:57:28,0	+ 25:04,0	5:44,8 min/km
190	2	Erika Lemnitzer	42	W65	Kaulsd. OLV	0:57:52,0	+ 25:28,0	5:47,2 min/km
191	1	Jutta Mühlpfordt	47	W60	RG Grünau	0:58:21,0	+ 25:57,0	5:50,1 min/km
192	10	Fritz Göhring	46	M60	-	0:58:26,0	+ 26:02,0	5:50,6 min/km
193	2	Hella Schelte-Groß	45	W60	VfL Tegel	0:58:28,0	+ 26:04,0	5:50,8 min/km
194	5	Rebecca Diewitz	87	HK Fr	-	0:58:33,0	+ 26:09,0	5:51,3 min/km
195	1	Hannelore Reusch	38	W70	-	0:58:49,0	+ 26:25,0	5:52,9 min/km
196	12	Kurt Behrendt	49	M55	-	0:59:08,0	+ 26:44,0	5:54,8 min/km
197	5	Sabine Ladwig	65	W40	-	0:59:22,0	+ 26:58,0	5:56,2 min/km
198	10	Bodo Zinn	40	M65	LG Buchsbaum	0:59:26,0	+ 27:02,0	5:56,6 min/km
199	6	Claudia Lücken	82	HK Fr	-	0:59:51,0	+ 27:27,0	5:59,1 min/km
200	31	Matthias Andreowsky	61	M45	SC Bln. Köp.	1:00:01,0	+ 27:37,0	6:00,1 min/km
201	3	Hilde Kongehl	43	W65	SCC Berlin	1:00:28,0	+ 28:04,0	6:02,8 min/km
202	11	Helge Ziems	41	M65	LC Ron Hill	1:01:27,0	+ 29:03,0	6:08,7 min/km
203	6	Helga Kastenhuber	54	W50	Team Berti	1:02:16,0	+ 29:52,0	6:13,6 min/km
204	4	Doris Windels-Buhr	51	W55	-	1:02:31,0	+ 30:07,0	6:15,1 min/km
205	6	Anke Assig	76	W30	-	1:02:31,0	+ 30:07,0	6:15,1 min/km
206	5	Gisela Osuch-Trogisch	52	W55	-	1:02:43,0	+ 30:19,0	6:16,3 min/km
207	3	Mareen Stackfleth	69	W35	-	1:03:26,0	+ 31:02,0	6:20,6 min/km
208	32	Rigo Gebhardt	59	M45	-	1:05:28,0	+ 33:04,0	6:32,8 min/km
209	1	Detlef-Rüdiger Uebelgünne	33	M75	LG Pegasos	1:06:09,0	+ 33:45,0	6:36,9 min/km
210	12	Gerhard Trebbin	40	M65	Borussia Friedrichsfelde	1:07:54,0	+ 35:30,0	6:47,4 min/km
211	6	Alexandra Göhring	50	W55	-	1:08:22,0	+ 35:58,0	6:50,2 min/km
212	2	Helga Papenfuß	38	W70	SCC Berlin	1:08:36,0	+ 36:12,0	6:51,6 min/km
213	7	Ursula Nies	52	W55	-	1:08:47,0	+ 36:23,0	6:52,7 min/km
214	7	Silvana Sirtl	59	W45	-	1:11:55,0	+ 39:31,0	7:11,5 min/km
215	4	Waltraud Born	43	W65	Berliner TV 1850	1:14:20,0	+ 41:56,0	7:26,0 min/km
216	4	Susanne Kitlinski	69	W35	-	1:15:19,0	+ 42:55,0	7:31,9 min/km
217	6	Anke Czerwonka	66	W40	-	1:15:19,0	+ 42:55,0	7:31,9 min/km
218	1	Werner Lahn	27	M80	Berliner TV 1850	1:24:12,0	+ 51:48,0	8:25,2 min/km
219								

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