

23. Birkenwäldchenlauf, 22.03.2009

Ergebnisliste 10 km

Platz	Pl.AK	Name	Jg.	AK	Verein	Zeit	Rückstand	km-Schnitt
1	1	Sebastian Gerig	84	MHK	LAC Berlin	0:33:10,0		3:19,0 min/km
2	2	Arthur Schäfer	83	MHK	SC Chinnoy Marathon T.	0:33:37,0	+ 00:27,0	3:21,7 min/km
3	3	Karsten Blume	89	MHK	LG Nord Bln.	0:34:35,0	+ 01:25,0	3:27,5 min/km
4	1	Holger Leidig	69	M40	Weltraumjogger Bln.	0:34:50,0	+ 01:40,0	3:29,0 min/km
5	1	Michael Kopf	76	M30		0:34:56,0	+ 01:46,0	3:29,6 min/km
6	1	Olaf Haller	70	M35	Aurelia Sport Bln.	0:35:01,0	+ 01:51,0	3:30,1 min/km
7	2	Sascha Kaschewsky	70	M35		0:35:13,0	+ 02:03,0	3:31,3 min/km
8	1	Ron Scheduikat	90	mJgd	LG Buchsbaum	0:35:26,0	+ 02:16,0	3:32,6 min/km
9	2	Falko Schenk	67	M40	RSV Werner Otto	0:35:48,0	+ 02:38,0	3:34,8 min/km
10	4	Robert Scheibe	85	MHK	SSC Berlin	0:36:15,0	+ 03:05,0	3:37,5 min/km
11	3	Arne Heinicke	73	M35	ESV Lok Sch'wde	0:36:18,0	+ 03:08,0	3:37,8 min/km
12	5	Christian Fleischer	82	MHK	1 Mann Armee	0:36:41,0	+ 03:31,0	3:40,1 min/km
13	3	Andy Beile	69	M40	LG Märkisch-Oderland	0:37:03,0	+ 03:53,0	3:42,3 min/km
14	2	Jan Förster	77	M30	LG Süd Bln.	0:37:05,0	+ 03:55,0	3:42,5 min/km
15	1	Wilfried Jackisch	51	M55	Berlin läuft	0:37:11,0	+ 04:01,0	3:43,1 min/km
16	4	Winfried Schumann	66	M40	LG Buchsbaum	0:37:18,0	+ 04:08,0	3:43,8 min/km
17	5	Jan Trabant	66	M40	FH Runners Berlin	0:37:37,0	+ 04:27,0	3:45,7 min/km
18	1	Heere Janssen	60	M45	Bln. Turnerschaft	0:37:38,0	+ 04:28,0	3:45,8 min/km
19	6	Markus Schneid	67	M40	SCC Berlin	0:37:43,0	+ 04:33,0	3:46,3 min/km
20	3	Matthias Freynik	79	M30	LG Buchsbaum	0:37:45,0	+ 04:35,0	3:46,5 min/km
21	2	Ralf Demmig	61	M45		0:38:24,0	+ 05:14,0	3:50,4 min/km
22	1	Ciro Cinieri	57	M50	Italia Running Bln.	0:38:29,0	+ 05:19,0	3:50,9 min/km
23	2	Pier Köpp	91	mJgd	LG Nord Bln.	0:38:47,0	+ 05:37,0	3:52,7 min/km
24	3	Bodo Möller	61	M45	Potsdamer Laufclub	0:38:54,0	+ 05:44,0	3:53,4 min/km
25	4	Axel Ehrhardt	61	M45	LG Wedding	0:38:56,0	+ 05:46,0	3:53,6 min/km
26	7	Thomas Präger	66	M40		0:39:16,0	+ 06:06,0	3:55,6 min/km
27	2	Thomas Mohr	59	M50	SG BMF 07 e.V.	0:39:19,0	+ 06:09,0	3:55,9 min/km
28	4	Matthias Altmann	73	M35		0:39:25,0	+ 06:15,0	3:56,5 min/km
29	5	Tom Griepentrog	61	M45		0:39:28,0	+ 06:18,0	3:56,8 min/km
30	3	Uwe Mohr	58	M50	LC Ron Hill	0:39:33,0	+ 06:23,0	3:57,3 min/km
31	4	Markus Kiehne	75	M30		0:39:37,0	+ 06:27,0	3:57,7 min/km
32	8	Stephan Fischer	69	M40	SCC Berlin Triathlon	0:39:39,0	+ 06:29,0	3:57,9 min/km
33	5	Dirk Broßke	79	M30		0:39:43,0	+ 06:33,0	3:58,3 min/km
34	9	Hagen Schroth	69	M40	TSV Cottbus	0:39:45,0	+ 06:35,0	3:58,5 min/km
35	6	Ansgar Düben	76	M30		0:39:49,0	+ 06:39,0	3:58,9 min/km
36	6	Dierk Stenzel	61	M45	Volksparkläufer Schöneb.	0:40:01,0	+ 06:51,0	4:00,1 min/km
37	5	Frederic Georges	74	M35	PSB 24	0:40:10,0	+ 07:00,0	4:01,0 min/km
38	6	Bart van Kersavond	74	M35		0:40:13,0	+ 07:03,0	4:01,3 min/km
39	7	Steffen Kirner	62	M45		0:40:14,0	+ 07:04,0	4:01,4 min/km
40	7	Eric Kremp	79	M30		0:40:15,0	+ 07:05,0	4:01,5 min/km
41	8	Peter Oltmanns	64	M45	SC Brandenb. Bln.	0:40:16,0	+ 07:06,0	4:01,6 min/km
42	7	Mario Friske	73	M35		0:40:20,0	+ 07:10,0	4:02,0 min/km
43	10	Jens Talke	69	M40	Polizei Berlin	0:40:34,0	+ 07:24,0	4:03,4 min/km
44	9	Michael Standing	62	M45		0:40:42,0	+ 07:32,0	4:04,2 min/km
45	11	Dirk Kautz	66	M40	VfL Lichtenrade	0:40:42,0	+ 07:32,0	4:04,2 min/km
46	4	Hans Buidzau	59	M50	DLRG	0:40:43,0	+ 07:33,0	4:04,3 min/km
47	10	Thoralf Voigtländer	63	M45	SSCBG	0:40:53,0	+ 07:43,0	4:05,3 min/km
48	6	Clemens Ullmann	85	MHK	Pro Sport Bln. 24	0:40:55,0	+ 07:45,0	4:05,5 min/km
49	7	Björn Kowalzig	81	MHK	BSBV 1991	0:40:56,0	+ 07:46,0	4:05,6 min/km

50	8	Robert Mulsow	83	MHK		0:41:00,0	+ 07:50,0	4:06,0 min/km
51	1	Karsta Parsiegla	63	W45	SCC Berlin	0:41:02,0	+ 07:52,0	4:06,2 min/km
52	2	Lothar Lehmann	52	M55	LC Ron Hill	0:41:08,0	+ 07:58,0	4:06,8 min/km
53	8	Alexander Hunger	71	M35	Weißenseer SV	0:41:14,0	+ 08:04,0	4:07,4 min/km
54	9	Sascha Boucsein	74	M35		0:41:19,0	+ 08:09,0	4:07,9 min/km
55	5	Berthold Rämisch	58	M50	LG Süd Bln.	0:41:29,0	+ 08:19,0	4:08,9 min/km
56	11	Siegfried Flor	63	M45		0:41:36,0	+ 08:26,0	4:09,6 min/km
57	10	Andreas Komode	70	M35		0:41:43,0	+ 08:33,0	4:10,3 min/km
58	12	Nikolaus Wrage	69	M40	FH Runners Berlin	0:41:45,0	+ 08:35,0	4:10,5 min/km
59	1	Daniela Hubert	78	W30	OSC Berlin	0:41:47,0	+ 08:37,0	4:10,7 min/km
60	8	Tobias Günther	77	M30		0:41:49,0	+ 08:39,0	4:10,9 min/km
61	3	Günter Lewanzik	53	M55	Pro Sport Berlin 24	0:41:51,0	+ 08:41,0	4:11,1 min/km
62	9	Enrico Schneiderbeck-Pamin	76	M30	SG Stern Ludwigsfelde	0:42:05,0	+ 08:55,0	4:12,5 min/km
63	6	Mathias Waldmann	55	M50		0:42:08,0	+ 08:58,0	4:12,8 min/km
64	1	Michael Schöne	45	M60		0:42:14,0	+ 09:04,0	4:13,4 min/km
65	12	Thomas Müller	62	M45		0:42:15,0	+ 09:05,0	4:13,5 min/km
66	7	Bodo Steffens	58	M50	LOS Nicotinos	0:42:20,0	+ 09:10,0	4:14,0 min/km
67	2	Horst Kyborg	47	M60	LT Bernd Hübner	0:42:24,0	+ 09:14,0	4:14,4 min/km
68	13	Jens Labenz	65	M40		0:42:26,0	+ 09:16,0	4:14,6 min/km
69	3	Werner Scuda	49	M60	VS Hellersdorf	0:42:28,0	+ 09:18,0	4:14,8 min/km
70	13	Dirk Strotmann	60	M45		0:42:40,0	+ 09:30,0	4:16,0 min/km
71	14	Simon Tartler	64	M45		0:42:47,0	+ 09:37,0	4:16,7 min/km
72	3	Jonathan Täuber	93	mJgd	Friedr. Ruderverein	0:42:51,0	+ 09:41,0	4:17,1 min/km
73	15	Uwe Menschner	61	M45	TCO Berlin	0:42:55,0	+ 09:45,0	4:17,5 min/km
74	10	Oliver Kulicke	75	M30		0:43:02,0	+ 09:52,0	4:18,2 min/km
75	9	Matthias Lehmann	81	MHK		0:43:07,0	+ 09:57,0	4:18,7 min/km
76	11	Rolf Piechura	78	M30		0:43:13,0	+ 10:03,0	4:19,3 min/km
77	10	Dénes Bergau	86	MHK	BSG Landesbank	0:43:14,0	+ 10:04,0	4:19,4 min/km
78	2	Edeltraud Musiol	62	W45	LT Bernd Hübner	0:43:16,0	+ 10:06,0	4:19,6 min/km
79	4	Peter Rymarowicz	54	M55	LC Ron Hill	0:43:22,0	+ 10:12,0	4:20,2 min/km
80	16	Armin Maier	60	M45	Jelly Bears Bln.	0:43:23,0	+ 10:13,0	4:20,3 min/km
81	17	Kai-Dieter Rudolf	63	M45		0:43:36,0	+ 10:26,0	4:21,6 min/km
82	8	Christian Dr. Thomeczek	57	M50	Lokom. Kleineichen	0:43:37,0	+ 10:27,0	4:21,7 min/km
83	18	Ralph Bagehorn	63	M45	VfL Lichtenrade	0:43:43,0	+ 10:33,0	4:22,3 min/km
84	14	Carsten Levenhagen	67	M40	Sprengekiez Laufbew.	0:43:53,0	+ 10:43,0	4:23,3 min/km
85	9	Andre Zedel	59	M50		0:43:54,0	+ 10:44,0	4:23,4 min/km
86	10	Georg Micheal Lipp	58	M50	LG Nord Bln.	0:44:01,0	+ 10:51,0	4:24,1 min/km
87	4	Michael Kollwig	49	M60		0:44:05,0	+ 10:55,0	4:24,5 min/km
88	11	Frank Oppatt	58	M50		0:44:08,0	+ 10:58,0	4:24,8 min/km
89	19	Torsten Oppah	64	M45	SSC Bln. Grünau	0:44:11,0	+ 11:01,0	4:25,1 min/km
90	11	Martin Becker	73	M35	SSC Berlin Grünau	0:44:14,0	+ 11:04,0	4:25,4 min/km
91	12	Winfried Naumann	56	M50		0:44:16,0	+ 11:06,0	4:25,6 min/km
92	1	Lothar Bathe	37	M70	Stahl Hennigsdorf	0:44:21,0	+ 11:11,0	4:26,1 min/km
93	5	Robert Schmidt-Matt	54	M55	FC Internationale	0:44:31,0	+ 11:21,0	4:27,1 min/km
94	15	Matthias Lemke	67	M40	KSV 90	0:44:36,0	+ 11:26,0	4:27,6 min/km
95	20	Stefan Nempal	60	M45		0:44:40,0	+ 11:30,0	4:28,0 min/km
96	16	Axel Nitsch	66	M40	Team VivaVentum	0:44:43,0	+ 11:33,0	4:28,3 min/km
97	21	Frank Zabel	63	M45	LC Stolpertruppe	0:44:49,0	+ 11:39,0	4:28,9 min/km
98	3	Annette Grimm	64	W45	LTC Berlin	0:44:51,0	+ 11:41,0	4:29,1 min/km
99	12	Andreas Ambos	71	M35	LG Buchsbaum	0:44:56,0	+ 11:46,0	4:29,6 min/km
100	13	Andreas Gebuhr	72	M35	Elisla Running Team	0:44:58,0	+ 11:48,0	4:29,8 min/km
101	22	Thanas Steinicke	60	M45	SGW 05 Bln.	0:45:00,0	+ 11:50,0	4:30,0 min/km
102	17	Steffen Dr. Lüder	66	M40	LC Ron Hill	0:45:11,0	+ 12:01,0	4:31,1 min/km
103	13	Uwe Müller	57	M50		0:45:14,0	+ 12:04,0	4:31,4 min/km
104	18	Sven Hartmann	67	M40		0:45:15,0	+ 12:05,0	4:31,5 min/km
105	14	Oliver Marske	72	M35		0:45:33,0	+ 12:23,0	4:33,3 min/km

106	1	Ilka Gomoll	72	W35	LC Ron Hill	0:45:35,0	+ 12:25,0	4:33,5 min/km
107	15	Andreas Karmanski	72	M35		0:45:36,0	+ 12:26,0	4:33,6 min/km
108	19	Jens Hellmann	66	M40	ESV Lok Sch'wde	0:45:38,0	+ 12:28,0	4:33,8 min/km
109	20	Arne Ludorff	68	M40	LT Bernd Hübner	0:45:39,0	+ 12:29,0	4:33,9 min/km
110	21	Alexander Krahe	66	M40		0:45:40,0	+ 12:30,0	4:34,0 min/km
111	1	Dieter Segebart	41	M65	Pro Sport Bln.	0:45:42,0	+ 12:32,0	4:34,2 min/km
112	22	Holger Graßhoff	66	M40		0:45:45,0	+ 12:35,0	4:34,5 min/km
113	2	Konrad Beyer	42	M65	TUS Neukölln	0:45:49,0	+ 12:39,0	4:34,9 min/km
114	1	Marion Sarasa	52	W55	Landesbank Bln.	0:45:51,0	+ 12:41,0	4:35,1 min/km
115	1	Sabine Najjar	67	W40	SCC Berlin	0:46:04,0	+ 12:54,0	4:36,4 min/km
116	23	Carsten Hahn	65	M40	LTC Berlin	0:46:11,0	+ 13:01,0	4:37,1 min/km
117	14	Martin Kobe	59	M50	LT Bernd Hübner	0:46:14,0	+ 13:04,0	4:37,4 min/km
118	1	Maike Stumpf	91	wJgd	BSBV 1991	0:46:15,0	+ 13:05,0	4:37,5 min/km
119	2	Katja Dr. Lünser	76	W30	LC Ron Hill	0:46:26,0	+ 13:16,0	4:38,6 min/km
120	15	Manfred Golombek	59	M50		0:46:29,0	+ 13:19,0	4:38,9 min/km
121	16	Michael Wendtland	58	M50	SCC Bln. Grünau	0:46:53,0	+ 13:43,0	4:41,3 min/km
122	16	Carsten La Tendresse	70	M35		0:47:04,0	+ 13:54,0	4:42,4 min/km
123	23	Jürgen Rusch	62	M45		0:47:06,0	+ 13:56,0	4:42,6 min/km
124	24	Holger Stuckwisch	63	M45	VfL Tegel	0:47:07,0	+ 13:57,0	4:42,7 min/km
125	24	Frank Osterkamp	69	M40	Die Lauf ABCler	0:47:10,0	+ 14:00,0	4:43,0 min/km
126	17	Michael Lepke	74	M35		0:47:24,0	+ 14:14,0	4:44,4 min/km
127	2	Dorothea Funke	73	W35	SCC Berlin	0:47:27,0	+ 14:17,0	4:44,7 min/km
128	25	Ronald Kunde	65	M40		0:47:33,0	+ 14:23,0	4:45,3 min/km
129	1	Cordula Kernn	57	W50		0:47:38,0	+ 14:28,0	4:45,8 min/km
130	3	Hans-Joachim Peters	40	M65	SG Grüne Trift	0:47:41,0	+ 14:31,0	4:46,1 min/km
131	2	Roman Tomczak	36	M70	SGEBB Berlin	0:47:48,0	+ 14:38,0	4:46,8 min/km
132	3	Hans-Gerog Schellenberg	38	M70		0:48:00,0	+ 14:50,0	4:48,0 min/km
133	26	Falko Hoppe	69	M40		0:48:02,0	+ 14:52,0	4:48,2 min/km
134	17	Joachim Feilke	58	M50	VEHSO	0:48:03,0	+ 14:53,0	4:48,3 min/km
135	27	Dirk-Gunnar Kohring	66	M40		0:48:05,0	+ 14:55,0	4:48,5 min/km
136	3	Heather Williams	76	W30		0:48:17,0	+ 15:07,0	4:49,7 min/km
137	28	Günter Lach	69	M40	LG Pegasos	0:48:17,0	+ 15:07,0	4:49,7 min/km
138	18	Egbert Jakobzick	57	M50	LC Ron Hill	0:48:45,0	+ 15:35,0	4:52,5 min/km
139	19	Lutz Scheibler	58	M50		0:48:51,0	+ 15:41,0	4:53,1 min/km
140	18	Thomas Krieger	74	M35	Treptower SV	0:48:53,0	+ 15:43,0	4:53,3 min/km
141	12	Ralf Morgenweck	77	M30		0:48:57,0	+ 15:47,0	4:53,7 min/km
142	4	Elisa Przibilla	61	W45	SCC Berlin	0:49:00,0	+ 15:50,0	4:54,0 min/km
143	1	Ornella Graupner	87	WHK	Team VivaVentum	0:49:06,0	+ 15:56,0	4:54,6 min/km
144	2	Marion Schwarz	57	W50	LG Pegasos	0:49:10,0	+ 16:00,0	4:55,0 min/km
145	13	Sascha Ungewiss	79	M30		0:49:35,0	+ 16:25,0	4:57,5 min/km
146	19	Ingolf Nachtigall	74	M35		0:49:36,0	+ 16:26,0	4:57,6 min/km
147	3	Nelia Barthel	57	W50		0:50:06,0	+ 16:56,0	5:00,6 min/km
148	20	Tilmann Lossen	70	M35		0:50:29,0	+ 17:19,0	5:02,9 min/km
149	20	Peter Wiese	56	M50	BSG Landesbank	0:50:36,0	+ 17:26,0	5:03,6 min/km
150	25	Klaus Münzel	63	M45	Sprengekiez Laufbew.	0:50:41,0	+ 17:31,0	5:04,1 min/km
151	2	Sarah Köpp	93	wJgd	LG Nord Bln.	0:50:48,0	+ 17:38,0	5:04,8 min/km
152	21	Eckart Broy	55	M50	LC Ron Hill	0:50:52,0	+ 17:42,0	5:05,2 min/km
153	5	Michael Kothlow	49	M60	LG Nord Bln.	0:51:10,0	+ 18:00,0	5:07,0 min/km
154	3	Alke Ewald	72	W35		0:51:13,0	+ 18:03,0	5:07,3 min/km
155	5	Kerstin Hommel	61	W45	FH Runners Berlin	0:51:22,0	+ 18:12,0	5:08,2 min/km
156	26	Norbert Herold	61	M45	SSC Bln. Grünau	0:51:30,0	+ 18:20,0	5:09,0 min/km
157	2	Kerstin Guschke	65	W40	LC Stolpertruppe	0:51:38,0	+ 18:28,0	5:09,8 min/km
158	4	Helmut Kawohl	41	M65	LG Buchsbaum	0:51:51,0	+ 18:41,0	5:11,1 min/km
159	2	Tanja Christiansen	89	WHK	LG Süd Bln.	0:51:56,0	+ 18:46,0	5:11,6 min/km
160	6	Rainer Matthes	45	M60		0:52:02,0	+ 18:52,0	5:12,2 min/km
161	4	Günter Zedel	35	M70	Kissingen SV	0:52:05,0	+ 18:55,0	5:12,5 min/km

162	29	Matthias Bauer	69	M40		0:52:17,0	+ 19:07,0	5:13,7 min/km
163	21	Andreas Schulz	74	M35	Lichtenrader Löwen	0:52:18,0	+ 19:08,0	5:13,8 min/km
164	30	Andreas Krafka	67	M40		0:52:19,0	+ 19:09,0	5:13,9 min/km
165	5	Peter Schamp	39	M70	SCC Berlin	0:52:21,0	+ 19:11,0	5:14,1 min/km
166	4	Marcel Schulze	93	mJgd	Bln. Turnerschaft	0:52:25,0	+ 19:15,0	5:14,5 min/km
167	4	Annika Arnold	72	W35	Vapiano Running Team	0:52:35,0	+ 19:25,0	5:15,5 min/km
168	3	Jenny-Elisa Waldmann	80	WHK		0:52:45,0	+ 19:35,0	5:16,5 min/km
169	4	Sigrid Fenchel	59	W50	SCC Berlin	0:52:49,0	+ 19:39,0	5:16,9 min/km
170	22	Peter Fenchel	58	M50		0:52:49,0	+ 19:39,0	5:16,9 min/km
171	3	Anita Kliem	67	W40	KSV 90	0:53:05,0	+ 19:55,0	5:18,5 min/km
172	4	Cornelia Schmidt	67	W40	LG Pegasos	0:53:13,0	+ 20:03,0	5:19,3 min/km
173	7	Udo Palm	49	M60	Falkenhöhe Nord	0:53:37,0	+ 20:27,0	5:21,7 min/km
174	27	Bernhard Zernicke	60	M45		0:53:46,0	+ 20:36,0	5:22,6 min/km
175	8	Gerd Dehnert	46	M60		0:53:51,0	+ 20:41,0	5:23,1 min/km
176	5	Hermann Thiele	42	M65	SG Einheit Bln. Bär	0:53:53,0	+ 20:43,0	5:23,3 min/km
177	9	Karl-Heinz Wegener	45	M60	LG Buchsbaum	0:53:56,0	+ 20:46,0	5:23,6 min/km
178	22	Dirk Herrmann	72	M35		0:54:15,0	+ 21:05,0	5:25,5 min/km
179	5	Bianca Fourier	66	W40		0:54:23,0	+ 21:13,0	5:26,3 min/km
180	4	Birgit Hoppe	75	W30	Venus	0:54:27,0	+ 21:17,0	5:26,7 min/km
181	28	Klaus Schottke	60	M45	TRI Finisher Bln.	0:54:31,0	+ 21:21,0	5:27,1 min/km
182	5	Myriam Brähler	76	W30	Lichtenrader Löwen	0:55:01,0	+ 21:51,0	5:30,1 min/km
183	4	Dana Wolf	81	WHK	LC Ron Hill	0:55:21,0	+ 22:11,0	5:32,1 min/km
184	23	Wolfgang Illesch	56	M50	SV Bardenitz	0:55:56,0	+ 22:46,0	5:35,6 min/km
185	5	Katrin Lipfert	89	WHK	Borussia Friedrichsfelde	0:56:05,0	+ 22:55,0	5:36,5 min/km
186	6	Pia Dziedzic	69	W40		0:56:18,0	+ 23:08,0	5:37,8 min/km
187	29	Andreas Dziedzic	60	M45		0:56:18,0	+ 23:08,0	5:37,8 min/km
188	6	Eberhard Lemnitzer	37	M70	Kaulsd. OL	0:56:23,0	+ 23:13,0	5:38,3 min/km
189	6	Susanne Bindzau	64	W45	Sportfuchse Luckenw.	0:56:31,0	+ 23:21,0	5:39,1 min/km
190	1	Peter Hoffmann	33	M75	TiB	0:56:34,0	+ 23:24,0	5:39,4 min/km
191	6	Siegfried Grums	50	M55	Borussia Friedrichsfelde	0:56:42,0	+ 23:32,0	5:40,2 min/km
192	30	Christoph Rombach	68	M40		0:56:43,0	+ 23:33,0	5:40,3 min/km
193	5	Malte Kehl	93	mJgd	DLRG Zehlendorf	0:56:58,0	+ 23:48,0	5:41,8 min/km
194	30	Tino Przibilla	60	M45	HO3	0:57:00,0	+ 23:50,0	5:42,0 min/km
195	10	Heiko Fröhlich	46	M60	LGFF	0:57:03,0	+ 23:53,0	5:42,3 min/km
196	7	Gabriela Lipfert	61	W45	Borussia Friedrichsfelde	0:57:05,0	+ 23:55,0	5:42,5 min/km
197	5	Christina Illesch	56	W50	SV Bardenitz	0:57:11,0	+ 24:01,0	5:43,1 min/km
198	31	Norbert Zinn	64	M45	LG Buchsbaum	0:57:25,0	+ 24:15,0	5:44,5 min/km
199	1	Erika Lemnitzer	42	W65	Kaulsd. OL	0:57:30,0	+ 24:20,0	5:45,0 min/km
200	31	Matthias Reinkober	65	M40		0:57:50,0	+ 24:40,0	5:47,0 min/km
201	6	Claudia Lücken	82	WHK		0:57:53,0	+ 24:43,0	5:47,3 min/km
202	5	Katja Kohring	71	W35		0:58:18,0	+ 25:08,0	5:49,8 min/km
203	32	Rano Fuchs	65	M40		0:58:23,0	+ 25:13,0	5:50,3 min/km
204	32	Thomas Kehl	61	M45		0:58:36,0	+ 25:26,0	5:51,6 min/km
205	11	Peter Schraml	49	M60	SCC Berlin	0:58:45,0	+ 25:35,0	5:52,5 min/km
206	33	Rainer Dettmann	67	M40		0:59:12,0	+ 26:02,0	5:55,2 min/km
207	7	Pascaline Scansaroli	85	WHK		0:59:24,0	+ 26:14,0	5:56,4 min/km
208	14	Michaél Asser	79	M30		0:59:25,0	+ 26:15,0	5:56,5 min/km
209	6	Carina Böttcher	76	W30		0:59:26,0	+ 26:16,0	5:56,6 min/km
210	2	Annette Radam	53	W55	LOS Nicotinos	0:59:30,0	+ 26:20,0	5:57,0 min/km
211	24	Alexander Henzel	59	M50		0:59:38,0	+ 26:28,0	5:57,8 min/km
212	7	Annett Lach	69	W40	LG Pegasos	0:59:55,0	+ 26:45,0	5:59,5 min/km
213	7	Egon Staacks	37	M70	LAC Berlin	0:59:58,0	+ 26:48,0	5:59,8 min/km
214	7	Katy Pesta	78	W30		1:00:16,0	+ 27:06,0	6:01,6 min/km
215	11	Sascha Wolf	83	MHK		1:00:21,0	+ 27:11,0	6:02,1 min/km
216	12	Tobias Wendt	82	MHK		1:00:22,0	+ 27:12,0	6:02,2 min/km
217	2	Hilde Kongehl	43	W65		1:01:11,0	+ 28:01,0	6:07,1 min/km

