23. Birkenwäldchenlauf, 22.03.2009
Ergebnisliste 3 km

Platz	Pl. AK	Name	Jahrg.	AK	Verein	Zeit	Rückstand	km-Schnitt
1	1	Marcus Alpen	86	Mä	LAC Berlin	0:09:32,0		3:10,7 min/km
2	2	Xolelani Matshikiza	88	Mä	SCC Berlin	0:09:53,0	+ 00:21,0	3:17,7 min/km
3	1	Timm Kupko	93	mJgd	LAC Berlin	0:11:20,0	+ 01:48,0	3:46,7 min/km
4	1	Florian Molkenthin	94	mSch	SV Berlin-Buch	0:11:23,0	+ 01:51,0	3:47,7 min/km
5	2	Ralf Liedtke	90	mJgd	BSBV 1991	0:11:24,0	+ 01:52,0	3:48,0 min/km
6	3	Jens Tippmann	68	Mä	BSBV 1991	0:11:28,0	+ 01:56,0	3:49,3 min/km
7	2	Robert Herold	95	mSch	SSCBG	0:12:28,0	+ 02:56,0	4:09,3 min/km
8	1	Marlene Hunger	98	wSch	Weißenseer SV	0:12:37,0	+ 03:05,0	4:12,3 min/km
9	1	Romina Sommer	89	Fr	LAC Berlin	0:12:42,0	+ 03:10,0	4:14,0 min/km
10	2	Silvia Lenz	77	Fr	BSBV 1991	0:12:43,0	+ 03:11,0	4:14,3 min/km
11	1	Franziska Kindt	93	wJgd	LAC Berlin	0:12:47,0	+ 03:15,0	4:15,7 min/km
12	4	Igor Zec	70	Mä	fero	0:12:49,0	+ 03:17,0	4:16,3 min/km
13	5	Frank Dr. Braatz	62	Mä	BSBV 1991	0:13:14,0	+ 03:42,0	4:24,7 min/km
14	2	Malin Ebersbach	94	wSch	Berliner SC	0:13:20,0	+ 03:48,0	4:26,7 min/km
15	6	Andre Molkenthin	63	Mä	WSV Weißensee	0:13:40,0	+ 04:08,0	4:33,3 min/km
16	3	Lasse Sabien	97	mSch	-	0:14:12,0	+ 04:40,0	4:44,0 min/km
17	4	Finn Hinrichsen	99	mSch	SSV Lichtenrade	0:14:14,0	+ 04:42,0	4:44,7 min/km
18	5	Felix Nadeborn	97	mSch	SCC Berlin Grünau	0:14:21,0	+ 04:49,0	4:47,0 min/km
19	3	Jeannine Hoppe	69	Fr	BSBV 1991	0:14:40,0	+ 05:08,0	4:53,3 min/km
20	6	Simon Golombek	97	mSch	-	0:15:12,0	+ 05:40,0	5:04,0 min/km
21	3	Victoria Dziedzic	98	wSch	-	0:15:25,0	+ 05:53,0	5:08,3 min/km
22	3	Anton Eggebrecht	95	mJgd	LC Ron Hill	0:15:26,0	+ 05:54,0	5:08,7 min/km
23	4	Beatrice Schiller	94	wSch	Helmholtzgymn.	0:15:35,0	+ 06:03,0	5:11,7 min/km
24	2	Patricia Plasser	93	wJgd	BSBV 1991	0:15:37,0	+ 06:05,0	5:12,3 min/km
25	7	Max Plaga	97	mSch	-	0:16:03,0	+ 06:31,0	5:21,0 min/km
26	5	Johanna Deeken	95	wSch	Berliner SC	0:16:29,0	+ 06:57,0	5:29,7 min/km
27	4	Anja Marske	73	Fr	-	0:18:33,0	+ 09:01,0	6:11,0 min/km
28	8	Theo Funke	02	mSch	SCC Berlin	0:19:41,0	+ 10:09,0	6:33,7 min/km
29	7	Wolfram Kunth	48	Mä	-	0:20:29,0	+ 10:57,0	6:49,7 min/km